



# NEWSLETTER

Telegraph Point Public School

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Term 3, Week 7

19th September, 2019

## CALENDAR

Week	Date	Event	Time
T4 Wk 2	Thursday 24 October	Koala Smart Project at Panthers Port Macquarie – viewing and presentation	3.30pm – 5pm 5pm – 6pm
T4 Wk 2	Friday 25 October	Halloween Disco	6pm
T4 Wk 5 & 6	11 – 22 November	Intensive Swim Scheme	
T4 Wk 6	Saturday 23 November	Country Fair	
T4 9	9 December	Swimming Carnival	



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Website: [www.telegrappt-p.schools.nsw.edu.au](http://www.telegrappt-p.schools.nsw.edu.au)

FROM THE  
PRINCIPAL'S DESK

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*"The best thing you can spend on your kids is time."  
– Arnold Glasow*

Welcome to the final week of what has been an incredibly rewarding and memorable term at Telegraph Point Public School.

From our students' achievements in scholastic endeavours such as the Tournament of the Minds, to the opportunities that students receive through their participation in 'Interest Groups', to the elite performances of so many of our children in various disciplines of sport it has been ten magical weeks in the Telegraph Point Community.

Sitting alongside all of those achievements was the success of the major excursion to Canberra and the snow to contextualise the learning of the students in Years 4, 5 and 6.

We have an exciting couple of days in the lead up to the Spring Holiday break with the Kindergarten students heading to the Billabong Zoo for an excursion and a rewards session on Friday at the park near the school. We trust everyone enjoys time with family and friends during the up coming holiday period and returns to school re-charged and ready for a huge final term of learning!

Kind Regards,

*Duncan Adams*

School Principal

## Koala Smart Project

Telegraph Point Public School has participated in the Koala Smart Project being run by Tacking Point Lions Club. Our Koala has been designed by some of our Year 6 students. If you would like to attend the launch of our Koala, a presentation is being held at;

Where: Panther Port Macquarie – Auditorium

When: Thursday 24 October 2019

Time: 3.30pm to 5pm – viewing of the displays

5pm to 6pm – official announcements and presentation

RSVP: Friday 27 September 2019

# Healthy Lifestyle Survey

The school has sent out a survey to all parents with regards to Healthy promotion and Education. This data will be used to inform future planning. The survey is anonymous and it would be most helpful to us if as many parents as possible completed the survey. Your co-operation with this is appreciated. Please find the link or QR code to the survey below



<https://www.surveymonkey.com/r/HHJKWPM>

## SURPRISE!

80 wonderful new titles have just landed in our school library and are already flying off the shelves!

Thanks to the points earned during this year's Book Fair and a generous donation from Booktopia, we now have the following resources covered and ready for students to borrow and enjoy:

- Ahn Do's entire Weirdo series
- Zack Zombie's Minecraft Apocalyptic Collection
- Faceless by Alyssa Sheinmel
- The 117-Storey Treehouse by Andy Griffiths
- Half of the Fergus the Ferry picture book series
- The entire Usborne Reading Collection (Yellow)

(13 new titles)

(13 new titles)

(1 new title)

(1 new title)

(12 new titles)

(40 new titles)



We love providing new and up-to-date reading resources for our students and look forward to continuing to grow our library with the schools commission points earned through your continued Book Club orders!



# Garden Group

The Telegraph Point Public School Garden Group wishes to thank everyone for supporting our 'Pop Up Shop'. With all the generous donations we have been able to build our resources and get ready for a spring harvest! The students are having a blast and the quality of the produce is amazing.



## Have you downloaded our free School App?

### Details

Easily access all newsletters, reminders, notes and receive emergency alerts.

#### SUBSCRIBE FOR EMAIL UPDATES

- ❖ Visit our website at [www.telegrappt-p.schools.nsw.edu.au](http://www.telegrappt-p.schools.nsw.edu.au)
- ❖ Click the "Newsletters and Notes" heading (top menu)
- ❖ Click on "Subscribe to receive newsletters and notes"
- ❖ Under the "Subscribe" heading, tick the "Newsletters List" and the appropriate year list for your child/children
- ❖ Enter in your name and email address
- ❖ Click Subscribe
- ❖ IMPORTANT: An email will be sent to your email address. You MUST click the "Activate Now" inside the email that is sent to you

#### GET SCHOOL NEWS VIA THE APP

1. Download the app called "School ENews" and open and search for "Telegraph"
1. iPhone and iPod Touch app: <http://iphone.schoolenews.com.au>
2. iPad app: <http://ipad.schoolenews.com.au>
3. Android app: <http://android.schoolenews.com.au>
4. All other phones: <http://webapp.schoolenews.com.au>



### P&C Meeting

*Save the Date: Monday 21<sup>st</sup> October @ 6pm*

What is a P&C Association? A Parents and Citizens' Association (P&C Association) is a school-based organisation consisting of parents, teachers and interested citizens. They are created to bring the school and the community into close cooperation. The P&C plays a vital role in providing facilities and equipment for the school. By working together we can make a difference. It's never too late to join.



### Country Fair

#### *Message*

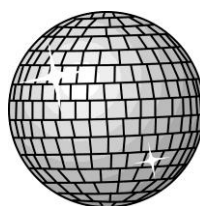
Don't forget to send in your recipes for the cookbook to [cook4telepoint@gmail.com](mailto:cook4telepoint@gmail.com) or you can drop off a written recipe to the office. The deadline for the cookbook has been extended to the 25th October to allow for the school holidays. Some of the stalls that we need volunteers for are: Lolly stall, BBQ, Canteen (serving of Devonshire teas), games arcade, lucky jars, selling raffle tickets on the day, jumping castle, inflatable obstacle course ( 2 adults at a time needed ), pamper palace (nail painting and face painting). The more helpers we have to run stalls the less time each person will have to spend running a stall, and therefore the more everyone gets to enjoy the day.



### Halloween Disco

*Save the Date: 25<sup>th</sup> October @ 6pm*

Unlock your spell book, keep your cobwebs handy and get your costumes ready for some spooky fun! P&C will be running a BBQ and will also have on sale cold drinks, lollies and cake/slice/cupcakes. If you can help out on the BBQ, with serving food or donating cakes or slices we would really appreciate it.



Kind Regards,

Mary Cas

*P&C President*



### Sea Acres Visitor Centre

A Discovery Ranger will be out and about on the Sea Acres boardwalk, running activities on Wednesday 2 October and Friday 11 October. No Bookings Required. Arrive anytime between 10am and 12 noon. Normal boardwalk entry fees apply - \$9 per adults, \$5 per children or \$20 per family.

### Uniting

## Circle of Security



### What is CoS?

Learn how to better understand the emotional needs of your child.

CoS is a visually-based approach to help you see how to develop a secure attachment with your child.

Our six **free** sessions will help you to:

- Understand the importance of attachment
- Gain knowledge about relationships in which feelings can be shared
- Reflect on your own parenting experiences
- Learn about the CoS concept & how it occurs within the lives of children & adults

**Where:**  
Burnside Office  
7 Sherwood Road  
Port Macquarie

**When:**  
Wednesdays  
23<sup>rd</sup> Oct – 27<sup>th</sup> Nov  
August 2019

**Time:**  
10:00am to 12:00pm

**Get in Touch:**  
6581 6600

Morning tea provided



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## Re-navigating Anger & Guilty Emotions



### RAGE for 13-17 Yr olds

This RAGE course has been specifically designed for young people aged between 13-17 years.

It is run in unison with the MAAD program for parents. Both are evidence-based best practice endorsed programs.

Parents are asked to attend all four sessions to support their young person.

Four **Free** sessions include information about:

- the many faces of anger
- the Anger Cycle
- healthy expression of anger
- getting through the guilt of anger
- relaxation, exercise & diet
- fun activities

**Where:**  
Uniting Burnside Office  
7 Sherwood Road  
Port Macquarie

**When:**  
Wednesdays  
23<sup>rd</sup> Oct – 13<sup>th</sup> Nov 2019

**Time:**  
5:00pm-7:00pm

**Get in Touch:**  
6581 6600

uniting.org



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23 September 2019

Refers to: SF18/5906

**To the Community Member**

Dear Sir/Madam

**Pedestrian Safety Upgrade Telegraph Point - Stage 2**

Council has been successful in obtaining \$698,000 in Grant Funding from the Stronger Country Communities Fund to progress the Telegraph Point Pedestrian Safety Upgrade Works. Stage 1 of these works was completed in September 2019, and, with environmental approvals in progress, Stage 2 is expected to commence later this year.

Following on from our initial consultation earlier this year we have progressed design works and attached is the proposed detailed design.

The key aspects of this design are:

- Provision of two pedestrian refuges for safer crossing.
- Construction of wider pavement to formalise parallel parking and;
- Provision of concrete footpath adjacent to parking and connecting the crossings.

Council will provide further advice once the exact timing of construction is confirmed.

If you have any questions regarding the attached plan or other aspects of the project, please do not hesitate to contact me on (02) 6581 8111.

Yours sincerely



